

BSD Pointe Assessments and Requirements



- **Pencil Test**

- **Topple Test**

single pirouette from 4th, leg in full retire, controlled landing

- **Airplane Test**

Complete 4 of the 5 with flat back and leg at 90 degrees, knee tracks

- **Single Leg Saute Test**

Complete 8 of 16 with Parallel retire, pointed feet and clearance off the floor

- **Ankle Test**

90 degree angle from the heel to the ground

- **Core Test**

Leg extension lifts to front and back/90 degree extension Front, Side and Back

Requirements:

- Complete Assessment Exam- feedback will be included (New and Current Pointe Student with 2 years or less Pointe Class)
- 6 Ballet 4 technique classes over the summer
- Fall/Spring Classes- Registered for Ballet 4 technique classes plus pointe class per week-only 6 absences allowed throughout the entire year.
- If necessary we may require a doctor's permission

[Pointe 2022 Assessments Link](#)